

Study Strategies: Preparation and Note-taking

PREPARE TO LEARN

- Survey the material to be covered before the class. This can be done in approximately 30 minutes.
- Skim the material to get a big picture. You can read learning objectives, major headings and subheadings, and graphical presentations of the material.
- If you are reading a textbook you can use the SQ4R method (Survey, Question, Read, Recite, Reflect, and Review). To find more about this method, follow the link to [Reading Assignments](#).

ACTIVE LISTENING AND NOTE-TAKING DURING CLASS

- Ask questions** if you don't understand
- Write annotated notes instead of trying to write "everything".
- Pay attention to signals from lecturers about important information.
 - Different tone of voice or body language
 - "It is important to know"
 - "You should remember"
 - "The exam will cover"
 - Amount of time that a lecturer spent to cover a concept
 - Definitions graphs, tables, charts
 - Summaries, and re-statements of important points

References

<http://medicine.utah.edu/learningresources/tools/>

<http://medicine.tamhsc.edu/academic-support/active-learning-techniques/managing-class-content.html>